
Credentials & Education

I bring a strong academic foundation and extensive professional training to my work in counselling and coaching. My education and certifications reflect a commitment to lifelong learning and a deep understanding of the human experience across the lifespan.

Professional Counselling Training

- **Diploma in Professional Counselling**
Vancouver College of Counsellor Training (VCCT), Vancouver, BC
- **Certificate in Couples Counselling for Intimacy – VCCT**
- **Certificate in Career Development Counselling – VCCT**
- **Certificate in Seniors Counselling – VCCT**

Coaching & Specialized Certifications

- **Certified Marriage and Couples Relationship Coach**
Victor Frankl School of Coaching and Counseling, New York City
- **Certified Executive Coach (CEC)**
Royal Roads University, Victoria, Canada
- **Certified Solution-Focused Coach**
Erickson International Coaching College, Vancouver, BC
- **Certified Transformational Trainer**
Erickson Coaching College
- **Certified Adult Education Instructor**
Vancouver Community College, BC

Academic Background

- **Master of Arts in Sociology / Criminology**
Catholic University of Leuven, Belgium
- **Bachelor of Arts in Sociology & Psychology**
Concordia University and McGill University, Canada